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CONTENT

PROBLEMS OF THE SCHOOL FUNCTIONING

Mirosław Radola

“Being a teacher” – that sounds proud

Abstract: The article considers answers to the following questions: What should today's teachers be like to meet the challenges of modernity, postmodernity and postmodernism? What pedagogical qualifications should they have to be able to properly carry out to build understanding between parents and children in a permanently reformed school? What does it mean to be a good teacher, and what determines it? Searching for answers to these and other questions, the article's author analyzes the views on this issue of both the classics of pedagogical thought and contemporary representatives of educational sciences.

Key words: teacher, teacher's competences, teacher's responsibilities, stages of teacher's development

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Bogdan Urbanek

The effects of school failures in a holistic approach

Abstract: Since the introduction of the system education reform, school education quality has played a substantial role in school life. Didactic upbringing work at the elementary education level is specific and demands unique competencies. Pedagogic competence of modern teachers has to exceed simple passing knowledge. Nowadays, a teacher should be a student's guide in the world of information. In present-day schools, the most essential aspect of a teacher's role should be professionalism. The school should more effectively create conditions that eliminate student failure in learning. It should do it consistently, reaching for forms of inclusive education. The article's author raises crucial issues concerning the role of contemporary teachers in school. Today, education in civil society is a challenge at all school levels. Schools must make an effort to prepare youth for life in a knowledge society. The article's author refers to the teacher's long-term experience with the class.

Key words: education, improving the quality, teacher's function sad tasks, subjectivity, novation, inclusive education

CURRENT PEDAGOGICAL PROBLEMS

Joanna Podemska

Depression and suicide attempts of adolescents

Abstract: Depression and suicide are a serious problem that is currently very much increasing among a group of young people. Escaping from life gives you the feeling of logging out of a part of society, a group and a family. The effects of depression affect further life, and its

episodes may be repeated and, unfortunately, lead to a suicide attempt. Suicides of young people testify to a flawed support system, the disintegration of the family, and neogenic neurosis. Prevention programs should lead to reversing self-destructive behaviours and strengthening one's personality structure.

Key words: depression, suicide, adolescents, methods of preventing suicide attempts

THEORY AND PRACTICE OF SOCIAL WORK

Magdalena Pinkowicka, Wojciech Piestrzyński

Loneliness and the quality of life of older people

Abstract: Old age is one of the most difficult periods of a person's life, which not only causes deterioration of physical fitness but also reduces the possibility of fulfilling the current social roles and conducting broader professional activity. During this period, a person experiences many emotional and social losses and difficulties in all spheres of his functioning. Among the adverse effects associated with old age, one should also point out the experienced loneliness that affects the quality of life of elderly people. This article aims to show loneliness as a state that affects the quality of life of an elderly person, especially in the context of their relations with other people and the phenomenon of social exclusion. Moreover, the possibilities of counteracting the phenomenon of loneliness of older people and increasing the quality of their social life were indicated.

Key words: elderly people, loneliness, quality of life, relationships, social exclusion

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Tomasz Różański

Around the issues of education and educational activation of older people

Abstract: The starting point for the considerations was to define the concept of activity and to indicate the types and functions of activity of older people. Next, the role of education (educational activity) in the lives of seniors was discussed. Then, attention was drawn to the need for educational activation of older people. The concept of activation was explained, its main goals and principles were indicated, and the activities of selected institutions dealing with the activation of seniors, including activation in the field of education, were characterized.

Key words: activation, activity, education, elderly person, educational and cultural institutions, social assistance institutions

HEALTH EDUCATION

Adam Szwedzik

Bigorexia – health, personality and moral consequences

Abstract: The author addressed the issue of excessive, and often even harmful, care for one's body, known as bigorexia (also known as muscle dysmorphia). When body obsession takes the form of obsession, it leads to harmful effects on both physical and mental health. It also has a negative impact on a person's moral condition. By devoting too much time and attention to physical exercises (going to the gym), he neglects his family and work responsibilities. He

focuses on following the patterns he finds in the media, especially on the Internet. I am looking for various means that can help me gain a muscular figure faster.

Key words: bigorexia, body worship, addiction

OLD & NEW READINGS

Sebastian Mrózek

Political and social dimensions of disability

(Review: Marzenna Giedrojć, *Niepełnosprawność w Polsce w wymiarze politycznym i społecznym. Analiza wybranych zagadnień*, Difin, Warszawa 2020, ISBN 978-83-8085-374-4, pp. 142)